



There are many inspiring people, such as Mother Teresa of Calcutta, who have courageously devoted their lives to helping others, often at great personal sacrifice. In recent times, one such person was Dr Ursula Schmitz, a German gynaecologist, who worked in a missionary hospital in Pakistan for 23 years, near its frontier with Afghanistan, serving the poor communities there. She selflessly devoted her life to help others in need, and sadly died of suspected malaria in August 2009. There are few better role models whom you can hope to emulate.